

WEEK ONE	F+ Spring/Summer 2020	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES	
	Choice 1	Pork or Veggie Sausages & Onion Gravy	Creamed Potatoes & Carrot Batons	BBQ Chicken Flatbread	Potato Wedges Garden Peas & Sweetcorn	Roast Beef Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Homemade Chicken Curry	Mixed Rice & Naan Bread	Chunky Fish Finger Wrap	Oven Baked Chips or New Potatoes & Garden Peas
	Choice 2	Crispy Bubble Coated Salmon	Herby Potatoes & Garden Peas	Homemade Pasta Neapolitan (v)	Homemade Garlic Dough Balls & Salad Selection	Lancashire Cheese & Vegetable Omelette (v)	Half Baked Potato & Baked Beans	Homemade Butter Pie (v)	Broccoli Florets & Sliced Beetroot	Homemade Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Sweetcorn
	Choice 3	Cheese & Tomato French Bread Pizza (v)	Herby Potatoes & Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Fillings	Freshly Prepared Salad Selection	Cheddar Cheese & Tuna Panini Melt	Tortilla Chips & Freshly Prepared Salad Selection	Soft Tortilla Wrap with a Choice of Fillings	Paprika Potatoes & Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Fillings	Freshly Prepared Salad Selection
	Dessert	Apple Sponge & Custard	Fruit Yoghurt Fruit Selection Organic Milk	Shortbread Biscuit & Melon Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Strawberry Ice Cream Sponge Roll	Fruit Yoghurt Fruit Selection Organic Milk	Carrot Cake Muffin	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Cookie & Milkshake	Fruit Yoghurt Fruit Selection Organic Milk
WEEK TWO	MEAT FREE MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES			
	Choice 1	Vegetarian Brunch (v)	Hash Brown & Baked Beans	Beef & Vegetable Chilli Tortilla Basket	Paprika Potatoes & Broccoli Florets	Roast Chicken Sage Stuffing & Gravy	Baby Potatoes Seasonal Cabbage & Carrot Batons	British Beef Burger in a Bun & Tomato Ketchup	Potato Wedges Garden Peas & Sweetcorn	Crispy Battered Fish	Oven Baked Chips or New Potatoes & Mushy Peas
	Choice 2	Tomato & Mascarpone Pasta (v)	Homemade Garlic Dough Balls & Salad Selection	Puff Pastry Cheese Whirl (v)	Paprika Potatoes & Baked Beans	Quorn Tikka Masala Curry (v)	Mixed Rice & Naan Bread	Four Cheese Ravioli & Tomato Sauce (v)	Homemade Garlic Bread & Salad Selection	Friday Picnic Veggie Sausage Roll & Mini Pizza (v)	Oven Baked Chips or New Potatoes & Baked Beans
	Choice 3	Cheddar Cheese Panini Melt (v)	Hash Brown & Garden Peas	Baked Jacket Potato with a Choice of Fillings	Freshly Prepared Salad Selection	Vegetable Finger Wrap & Mayonnaise (v)	Baby Potatoes & Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Fillings	Freshly Prepared Salad Selection	Soft Tortilla Wrap with a Choice of Fillings	Oven Baked Chips & Freshly Prepared Salad Selection
	Dessert	Raspberry & Coconut Bun	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Crunch & Mandarins	Fruit Yoghurt Fruit Selection Organic Milk	Vanilla Ice Cream & Peaches	Fruit Yoghurt Fruit Selection Organic Milk	Oaty Biscuit & Apple Slices	Fruit Yoghurt Fruit Selection Organic Milk	Summer Treat Dessert	Fruit Yoghurt Fruit Selection Organic Milk
WEEK THREE	MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES			
	Choice 1	Homemade Pasta Bolognaise	Homemade Garlic Bread & Salad Selection	Crispy Chicken Goujon Wrap	Herby Potatoes Sweetcorn & Tomato Salsa	Roast Pork Sage Stuffing & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Homemade Chinese Chicken Curry	Mixed Vegetable Noodles	Golden Crumb Omega 3 Fish Fingers	Oven Baked Chips or New Potatoes & Garden Peas
	Choice 2	Homemade Cheddar Cheese Flan (v)	Half Baked Potato & Broccoli Florets	Veggie Meatballs & Onion Gravy (v)	Creamed Potatoes & Carrot Batons	Homemade Tomato & Pasta Bake (v)	Homemade Garlic Dough Balls & Salad Selection	Pork or Veggie Sausage in a Bun & Tomato Ketchup	Paprika Potatoes & Baked Beans	Homemade Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Sweetcorn
	Choice 3	Baked Jacket Potato with a Choice of Fillings	Freshly Prepared Salad Selection	Cheese & Tomato Pizza Flatbread (v)	Herby Potatoes & Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Fillings	Freshly Prepared Salad Selection	Soft Tortilla Wrap with a Choice of Fillings	Paprika Potatoes & Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Fillings	Freshly Prepared Salad Selection
	Dessert	Gluten Free Lemon Muffin	Fruit Yoghurt Fruit Selection Organic Milk	Fruity Jelly & Vanilla Ice Cream	Fruit Yoghurt Fruit Selection Organic Milk	Jam & Coconut Sponge	Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Brownie & Orange Wedges	Fruit Yoghurt Fruit Selection Organic Milk